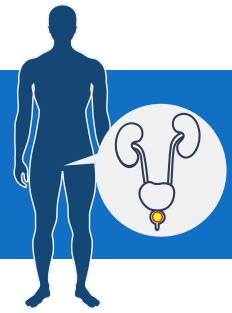


Prostate Cancer:

Prevention & Screening
Identify, Reduce, Prevent



What is prostate cancer?

Prostate cancer begins when cells in the prostate gland start to grow out of control. The prostate is a gland found only in those assigned male at birth. It makes some of the fluid that is part of semen.

What you should look out for?

- Trouble getting an erection (erectile dysfunction or ED)
- Difficulty starting the flow of urine
- Weak or interrupted ("stop-and-go") flow of urine
- Difficulty emptying bladder
- Frequent urination (especially at night)
- Pain or burning while urinating
- Blood in the urine or semen
- Painful ejaculation

What you can do about it:

- Talk to your doctor about screening
- Maintain a healthy diet and weight
- Get regular exercise



1 in 8*

men will be diagnosed with prostate cancer during their lifetime.

GET SCREENED

To learn more, you can call text scan or visit to get started today!

Text: "SCREEN" to 43386

Call: 833.727.3665

Visit: go.rutgers.edu/PreventPC

Scan:



Sources:
https://www.cdc.gov/cancer/prostate/basic_info/get-screened.htm
<https://www.cancer.org/cancer/prostate-cancer/about/key-statistics.html>
https://www.cancer.gov/types/prostate/patient/prostate-prevention-pdq#_12