



# Ask Your Provider

CANCER DIAGNOSIS

# Q&A

## With Your Provider

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Suggested questions you may want to ask  
your provider during your next visit.

Presented by



**It's important to have an open discussion with your health care provider. Having specific questions to guide your discussion can help you better understand the diagnosis and help improve your treatment outcomes.**

**Here are a few simple questions to consider during your next screening appointment.**

**General questions you can ask during your appointment:**

1. What kind of cancer do I have?

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2. Where do you think the cancer started in my body and has it spread?

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3. Do you know what stage of cancer I have?

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4. Can you explain to me what the stages are and mean?

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5. Do I need another test or a second opinion?

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6. What are my chances of surviving this cancer?

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7. What are my treatment options? What do you recommend?

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8. How soon do I need to start treatment?

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9. What kind of treatments are available?

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10. Will I need surgery? What are the risks of having a procedure?

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11. How will treatment affect my work, family, and daily activities?

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12. Should I be on a special diet?

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13. Will my insurance cover the full cost of treatment? Are there payment plans or programs that can assist with copays/out-of-pocket fees?

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14. What support services are available to me and my family?

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15. Who can I call if I have additional questions when I get home?

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### **My next appointment date/time:**

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Our ScreenNJ Patient Navigator can support you from screening to diagnosis. If there is a cancer diagnosis, your patient navigator will help you and your family find supportive resources, treatment facilities and more.

Lastly, when you are ready, they can help connect you with a nurse navigator who will be your next guide on your cancer journey.

### **Easy Reference:**

*Fill in Your Providers' / Specialists' Contact Information Below*

Provider Type: \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

City/Town: \_\_\_\_\_

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Scan the QR Code or visit the link to get more information about how you can connect with a Patient Navigator and schedule your screening.



<https://go.rutgers.edu/ScreenNJ-DrQA>

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